

April 2017

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How to Harness

Aries Energy

Quartz

The unknown
April birthstone

Kate Hudson

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FEATURED PSYCHIC

Linda



FROM THE EDITOR

April is a special month because it involves a combination of inward reflection and outward action. We spend most of the month in dreamy, watery Pisces. Then we shift into fiery, action-oriented Aries to make those dreams a reality. What dreams are a part of your world this April, and how might you make them real?

First, we also have a candid conversation with Linda, a talented psychic who has proven very popular with clients. Then our psychic team takes a deeper look at Kate Hudson, a child of Hollywood whose star continues to shine as she celebrates 38 years this month. How did this Aries get to where she is today, and what does the future hold?

Speaking of Aries, we examine the amazing energy behind this sign, and give you tips to harness it in your life. And speaking of powerful energies, we know that people born in April have the unique privilege of calling diamonds their birthstone. But did you know that quartz is also a traditional April birthstone? It's much more abundant and a fraction of the cost, but its psychic strength is no less significant.

As always, we're grateful that you've chosen us to provide guidance along your life path this month. We couldn't be the most respected psychic service in the UK without you.

Love and Light,

Lauren X

WHEN DID YOU FIRST DISCOVER THAT YOU WERE PSYCHIC?

I've always felt this psychic ability, since I was a young child, and felt the need to share it with the world to improve happiness, health and dietary issues among other things. As I got older, I followed this up with higher learning to improve my psychic skills. I am so thankful to god for giving me this opportunity to see things, hear things and feel their presence. It's a happiness to me and comfort for others.

WHAT ARE YOUR PSYCHIC TALENTS?

I have the expert-ease in Clairvoyance, Clair-sentience and Mediumship. A Clairvoyant is someone who receives intuitive information visually. Some people call this the third eye or second insight. An example is if someone were to ask me if they were going to get married. I might not see them walking down the aisle, but I might visual seeing a wedding ring. Clair-sentience is the ability to clearly feel energy, and to be able to put words and sensations to it. For example, you may feel the energy of your angels or loved ones, and sense them with you. Mediumship means the practice of certain people that mediate communication between spirits of the dead and living human beings.

WHAT PSYCHIC TOOLS DO YOU USE?

I use Mediumship, Clairvoyance and Clair-sentience for better understanding for clients. I use Oracle/tarot cards and pendulums for relationships, business, health issues and other areas. I am also a I.E.T (Integrated Energy Healer), Pet Healer with I.E.T, and Angel Healer of the energy field. I am a Numerologist, which means I can explain about your numbers and what they represent.

CAN YOU TELL US ONE REMARKABLE STORY FROM A RECENT CLIENT?

One lady I recently read for was so delighted, she said that everything I had said was so true and that it could of not been copied from anywhere else that everything made so much sense. I did the reading from the cards and combined my skills in other areas to pick up the energy. I was also delighted. I get a sense of happiness knowing I have made someone's day.



“I have felt this psychic ability since I was a child, and felt the need to share it with the world.”

WHAT DO YOU LIKE ABOUT READING FOR STAR TEMPLE?

Star Temple have made me feel like one of the family. You get 110% percent communication with them, and they are always on speed dial if a problem arises. The clients are there first priority, and that's why I enjoy working for them so much. The clients are number 1 and attending to their needs is very important to the entire team. They are always looking to improve and update the system which is another bonus and keeps us on our toes.

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Kate Hudson



It's safe to say that Kate Hudson did not face the same hurdles as most young people who want to break into show business. Her parents were two of the biggest movie stars of the '80s and '90s, and she grew up surrounded by the glamour of Hollywood. But an aspiring actress in Kate's position faces other hurdles. In order to be successful, she would have to find her own unique voice and style. She would have to convince people that it was her talent, not her family or connections, that mattered.

Kate Garry Hudson was born on the 19th of April, 1979 in Los Angeles. This puts her right on the cusp between Aries and Taurus, but given the time of her birth (10:51 am), she caught the very last edge of Aries energy. Had she been born an hour later, Kate Hudson would have been a Taurus — and her fate might have been quite different.

As a child, she was singing and dancing almost as soon as she could walk and talk. Her birth chart shows a fiery, powerful personality who would have taken quickly to the spotlight. Aside from being an Aries, which rarely backs down from a challenge, Kate's sun is near the midheaven, meaning her personality is well-suited to a life of exposure and attention. She was also born with Jupiter near the ascendant. This is an auspicious placement for a child of famous parents.

Those famous parents were, of course, Goldie Hawn and Kurt Russell. Kate's biological father was a TV actor named Bill Hudson. He left when Kate was 18 months old, and she has stated in interviews that she considers Kurt Russell her father — but in the long run, the less famous Hudson name may have helped Kate succeed in her own right.

Goldie and Kurt wanted their daughter to attend New York University after graduating high school in Santa Monica, but Kate knew she had the talent for acting — and Aries isn't much for beating around the bush. She decided to put New York on hold and plunge directly into a life on set. It wasn't long before she landed three feature films — *Desert Blue* (1998), *200 Cigarettes* (1999)

and *Gossip* (2000) — and while none of these films were warmly received by critics, they were enough to get her foot in the door. *Almost Famous* (2000) was soon to come, and Kate's performance in that film was a breakthrough. Suddenly, at the age of 21, she had a Golden Globe and an Oscar nomination under her belt.

There are several astrological factors at work in Kate's on-screen performances. Perhaps the most notable is her moon, which sits on the descendent, directly opposite from ascending Jupiter. This placement gives her a strong ability to feel and see things from the "other" point of view. It helps her to fully occupy the characters she plays. Venus in Pisces gives her a watery beauty, while Mercury in Aries tinges her dialogue a refreshing honesty.

In some cases, children born to famous parents prefer a life of ease and comfort, but with all of Kate's fiery energy — including Mars within three degrees of her Aries midheaven — she was never going to feel at ease until she got out there and made a name for herself. And that's exactly what she did.

But for all Kate's fiery Aries energy (this is partly why she looks so stunning in red), there is a softer side. This is embodied by her Chinese sign of Goat, which is among the most amicable and empathetic of Chinese signs. The interplay between fiery ambition and deep empathy — and the ability to switch back and forth — is partly what draws audiences to her performances.

Life has certainly had its ups and downs for Kate Hudson, but despite her privileged upbringing — which wreaks havoc on some — she has matured into a balanced and beloved woman. She's now the mother of two children from past relationships, and has ongoing projects in fashion and publishing. On screen, she has yet to capture the level of acclaim she received from that iconic performance in *Almost Famous*. But she did recently score a box office success in *Deepwater Horizon*, and if her chart is any indication, this ambitious Aries has plenty of fire in store for the world.

April Horoscopes

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Aries

Although the Sun and Venus begin this month in your zodiac sign, Venus's retrograde continues apace, and she rewinds into the sign of Pisces on the 3rd. If there have been any concerns about what you want from your relationships, you may want to use this chance to further reflect. With Mercury going into retrograde on the 9th, it may not be until the 29th that your options clarify.



Cancer

The Quarter Moon on the 3rd in your zodiac sign can see you trying to balance your personal priorities with your wider ambitions or the expectations of others. If you have booked a holiday or some kind of cultural event, there is a possibility it could be rescheduled through to the 15th. Work too can be changeable this month, but try to embrace diplomacy at all times Cancer.



Taurus

A plan that's important to you may require a degree of extra patience, especially from the 6th. Then anything to do with shared resources, finance or business, can require more vigilance. One friendship could also prove less reliable from the 3rd through to the 15th. You may feel highly restless mid month, but new energy and drive emerge from the 20th as the Sun enters Taurus.



Leo

Your desire to open up your world continues to be strong as April begins. However, an issue can come into the open from the 3rd, one which you would normally shrug off but may find yourself reacting more sensitively to. Choose your words carefully on the back of the Full Moon on the 11th, yet new ideas you have can gain traction then and attract a wider audience as April ends.



Gemini

The standout moment for you this month Gemini occurs on the 21st when Mars enters your sign for a six week occupation. This is really going to fire you up, but there's plenty to go for and the rest of this month too, especially with the Sun emphasizing co-operation. The 11th and the 17th could however see you have a surprise change of mind and head in a new and exciting direction.



Virgo

Your ruler is going to start to retrograde from the 9th, firstly in your sister earth sign of Taurus, and then in Aries. Care will be needed around business, savings, property and pension arrangements, and especially any of those which are shared with someone close. You're going to show a lot more confidence however from the 21st, which can see you head in a new direction.



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Libra

This is a month of retrogrades, when planets appear to twist backwards from our position on the earth, and one of these is Venus, your ruler. It's going to be essential therefore, to work hard at keeping the lines of communication flowing, and especially with the full Moon in your sign on the 11th. But this can also be an opportunity to "re-launch yourself" around all sorts of interactions with others.



Capricorn

Any changes that you're considering on the home front may go through a series of fluid alterations. Although on one level this could prove a little bit frustrating, at another it's just encouraging you to stay open about what the exact outcome will be. However, if you are unsettled, all this can come to the fore between the 11th and the 17th. The last ten days can be more outgoing.



Scorpio

The month begins with the Sun in the most practical part of your horoscope. However, with Mercury and Mars occupying your sector of relationships, it could be professional ties and colleagues at work who occupy your thinking as much as more socially. Ensuring your finances are well nailed down is also going to be necessary, with the onset of the annual Saturn retrograde.



Aquarius

There could be an increase in dialogue with close family members this month Aquarius, and perhaps even the chance for some kind of gathering or celebration. Try to pace yourself about what you want to achieve from the 3rd, as trying to cram in too much could prove counter-productive. Solo? You may see someone you already know in a more alluring light as the month goes on.



Sagittarius

The Sun and Venus occupy the most playful parts of your situation for much of the month, and are encouraging you to demonstrate to people your flair and full range of talents. With Mercury and Mars in a more precise zone, coupling and attention to detail to this can be a winning formula. But to really succeed you may have to prioritise on what's truly essential, Sagittarius.



Pisces

Venus returns to your sign on the 3rd, and so can one admirer's attention towards you. In fact Pisces, there could be more than one which can be very flattering. However, by the 15th, you can feel compelled to make a decision. Your words can sparkle in the last ten days of the month, and delightfully you could receive a financial boost on the 29th perhaps linked to your family or home.

You probably knew that diamonds are the birthstone of April. But there's another stone for this magical month, and many say its spiritual powers are second-to-none.

QUARTZ



Before we even start talking about spiritual and psychic energies, Quartz is already a very special material. That's because it's both piezoelectric and pyroelectric — meaning it can change physical pressure into electromagnetic force, and vice versa. Many of the electronic devices we use contain Quartz, including smart phones, laptops, watches, microphones, stereos, and countless others. Quartz can amplify, transform, and store physical and electromagnetic energy in ways that scientists and engineers love. The modern world wouldn't be the same without it.

Diamonds, the “main” birthstone for the month of April, also have practical applications (e.g. specialty cutting devices, lasers, etc). But diamonds are far less abundant and far more expensive. How many people with April birthdays can afford to run out and buy a diamond to celebrate their birthday? Quartz is a more abundant gift of nature — and its physical and psychic characteristics are no less impressive.

Moving beyond the physical, we find that Quartz has many of the same properties on a metaphysical level. It's known as a highly programmable gemstone, meaning it can easily hold a psychic “charge.” That piece of common Quartz sitting on your altar, or hidden in your kitchen drawer, can do some amazing things. It can hold a memory, a blessing, a specific intention, or a combination of all of these. Quartz is also a great “amplification” device for strengthening the power of other gemstones, and for raising the vibration of any space or object. This is why Quartz has been used for centuries in talismans, charms and wands.

Ancient cultures throughout the world took notice of this super-abundant crystal, and nearly all of them revered it. Clear Quartz has been found in the tombs of Egyptian royalty to help their passage to the afterlife. The ancient

Greeks believed that Quartz had the power to amplify and grant prayers made in temples. Shamans in various parts of the world have used (and continue to use) Quartz to bolster their healing powers, store shamanic information, and connect to other realities. The same programmability that makes Quartz a mainstay of modern engineering makes it incredibly powerful and useful in spiritual practice.

You might not realise it, but wearing or being near Quartz is not the only way to use it. Many people infuse drinking water with Quartz by leaving the crystals in a pitcher of vat of pure water for a given length of time, often praying or chanting over it to amplify the purifying and healing vibrations. Others use Quartz to purify and “charge” bathwater with healing properties.

For understanding and remembering dream symbolism, keeping Quartz near the bed can be highly useful. Due to its sensitivity to psychic vibrations, it will often store thoughts and images even when you're asleep. Upon waking, holding your piece of Quartz can facilitate a clearer perception of dreams.

In terms of physiological and psychic health, Quartz is known to boost concentration, enhance memory, and strengthen the immune system. It's commonly used for integrating psychic experiences and bringing the chakra system into alignment.

With so many positives and so few negatives — in addition to being superabundant on planet earth — it's no wonder Quartz is thought to have played a central role in the advanced engineering of ancient Atlantis. It could be that science has yet to discover the full potential of this amazing material, and we could be seeing a lot more Quartz as the 21st century progresses. In the meantime, it's up to each one of us to explore and discover the amazing powers of this April gemstone.



Harness **Aries** Energy

Natives of this sign are blessed with a powerful personality — but anybody can manifest Aries energy in their lives.



Face your fears

Throughout history, spiritual teachers and shamans have talked about the importance of facing our fears. That's because when we turn away from something and run in the other direction, we give it power over us.

Turning to face our fears, and looking them directly in the eye, is the best way to diminish their power over us and become stronger in our daily lives.

Aries can definitely help with this. The symbol of Aries is the ram, which is known for hitting things "head on" rather than shying away from a conflict. How does this manifest in modern life? Sometimes we fail to speak our own truth, even when we know it's the best thing for us. Sometimes we shy away from a challenge or an opportunity because we're afraid of failing.

The fiery, visceral energy of Aries inspires us to do away with doubt and embrace the possibility of failure. If we're not willing to try and fail, how can we ever achieve our goals?

Take action now

Aries is a cardinal fire sign ruled by Mars. It's also the first sign of the zodiac. What does this mean? That Aries is a sign of action. It's about doing instead of thinking. It's about taking action rather than planning and deliberating incessantly.

Is this a double-edge sword? Absolutely. Aries is the master of rolling up its sleeves and getting to work while others are standing around scratching their chins — and we all have a lot to learn from this "go getter" attitude.

Where Aries goes wrong, however, is when it behaves in a rash or impulsive way. There is a time and place for deliberation. Aries shines brightest when it finds a healthy balance between its natural propensity for action and a sense of clear-headed analysis.

Connect to Aries by recognising when you're thinking too much, procrastinating, or not being honest with yourself. Roll up your sleeves and get to work. Sometimes learning as you go is the most effective way to get from A to B.

No regrets

The Buddha taught his disciples that it was pointless to wallow in regret and remorse. If our actions don't turn out how we imagined, or if we do something that is indeed regrettable, the best course of action is the see it clearly, resolve to do better in the future, and move forward without stopping.

Of all the signs in the zodiac, Aries is the least likely to wallow or throw a pity party. Why? Because they would rather be creating something, accomplishing a task, making up ground.

There is, of course, a natural place for regret and reflection. This is how we learn from our mistakes. But there are so many situations in life where regret is taken too far, and we afflict ourselves by feeling too much of it. Aries teaches us to move on from our mistakes as soon as possible. They're part of life, after all.

To bring this Aries mindset into your daily life, remind yourself that the past is past — it cannot be helped. What matters is what you do, and who you are, today.

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