

May 2017

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Birthstones
of May

George
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FROM THE **EDITOR**

The month of May is when earthy Taurus is in full effect. There is a strong sense of earthy sensuality, and the importance of enjoying the little things in life. As the sun makes its way into Gemini, we're awakened to new ideas and achievements. This is a month in which so many different experiences and psychic impressions are possible.

Our talented psychic Shireen has a way with words and with spirit. She shares insights on how she developed as a psychic talent, and how she approaches her readings. Look for a special discount with this talented psychic!

Next, you'll find a fresh new take on George Clooney's astrology. His engagement in 2014 marked a big change. Now Clooney enters a new phase of parenting and activism. Could a political future be in the stars?

Finally, we take a closer look at six different May birthstones. Also our editorial team shines a spotlight on the second chakra, also known as the "sacral" or sex chakra. How can life and intimacy be enhanced by learning about this amazing energy center?

We hope you find inspiration in our talented psychic readers and inspirational content, and thank you again for making us the most respected psychic reading service in the UK.

Love and Light,

Lauren X

FEATURED PSYCHIC

Shireen

WHEN DID YOU **FIRST DISCOVER** THAT YOU WERE PSYCHIC?

I've always felt this psychic ability, since I was I have been psychic since childhood, and only realised that I was psychic when other people couldn't see what I saw.

WHAT ARE YOUR **PSYCHIC TALENTS**?

I am mainly clairvoyant, which means the ability to see the situation clearly. I believe that the past, present and future are all intertwined, and that your decisions, your free will, determine how you live today and tomorrow. I do feel people's pain, and sometimes physical conditions, particularly when a client has had a tough time, and it really helps to connect. I do occasionally get a connection to loved ones who have passed over, which is the ability to be a medium, but I cannot always guarantee it.

WHAT **PSYCHIC TOOLS** DO YOU USE?

I work mainly with my spirit guides who guide me and give me clarity. I started off with Tarot and crystals when working professionally, and will occasionally use them to get affirmation on specific questions. All seers have used some sort of divination tools throughout history, and this helps me to focus on the client to really get a connection. I believe its an excellent way to gain confidence about your own personal psychic ability. Everyone has the ability, and just needs the confidence to practice. I thoroughly recommend anyone to learn and go on some training courses. Its fun for one and you meet amazing people who can change your life.

CAN YOU TELL US **ONE REMARKABLE STORY** FROM A RECENT CLIENT?

I recently read for a lovely lady who wanted to know if she was going to meet someone and get married. She has just recently met a man through friends, and didn't think much of him. I was convinced that this was the one for her, and three months later, she rang up and told me she was engaged. I love giving readings about love and relationships, as it is one of the most important aspects that define our wellbeing and happiness. I believe that if we give ourselves permission, and trust that we deserve the best, the right thing always comes along.



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WHAT DO YOU LIKE ABOUT READING FOR **STAR TEMPLE**?

I love working for Star Temple because of the clients. The clients are all so warm, lovely and often psychic themselves. I love connecting with special people. Star Temple work ethically and really care about the readers and the clients, and its it that which really makes a difference.

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There are a lot of people who thought George Clooney would never settle down. When his engagement to Amal Alamuddin was announced in 2014, he had been one of the Hollywood's most eligible bachelors for the better part of two decades. It was 1994 when he made his first appearance as Doug Ross on the hit TV show ER, and he had been divorced a year earlier.

Clooney was popular on ER, and he quickly won the affection of many adoring fans. But George Clooney couldn't have known how the world — and his place in it — would change. He would be established as an A-list film actor by the turn of the millennium, and his career as a director would begin with 2002's critically accepted *Confessions of a Dangerous Mind*.

Soon, also, would begin his career as an activist. For some time now, Clooney has been considered a powerful voice in the sociopolitical sphere. He had been rumored to be considering a future on politics, and played a corrupt Presidential candidate in 2011's *The Ides of March*, another critically acclaimed film he directed. Now that Donald Trump is U.S. President, a few people have wondered if Clooney could be next. He says he does not want to run. But nobody can deny that if he did, he might very well win. That in itself is interesting.

How can Clooney's stars illuminate the very broad possibilities in his future?

The first apparent thing about Clooney's birth chart, when looking at it this way, is the sun-moon combination. The moon is in Capricorn, in the career-friendly 10th house. Capricorn is a patient sign. It climbs long and steadily

toward a goal, navigating the crags and crevices with skill. The sun, meanwhile, occupies the earthy 2nd house in the earth sign of Taurus. Here our symbol is the bull, a tireless worker that can pull heavy weights over long distances. Venus in Aries in the 1st house can be seen right away as Clooney's devastatingly handsome looks, his outward projection of charm and personality.

Mars in the sixth house, directly opposite from Clooney's very sociable moon. A lot of people already depend on him to be their mouthpiece, and speak up for them when no one else will. Clooney's natural conviction and protectiveness give strength to his social and political statements; he is already a formidable political opponent, and would be especially so if he ran for public office. Sometimes, however, this might be at odds with his personality.

Clooney's Taurean sun and Capricorn moon enjoy a slower pace. Clooney would make a calm and stylish leader, but would also need a very private life of his own to enjoy the good things. Ms. Alamuddin, the beautiful and sharp human rights lawyer, could push him further into the realm of working in the political realm.

On the other hand, George Clooney is a treasured actor and filmmaker. He can speak effectively through the medium of film and television, and make a difference that way. George's stars show that he wants to make a difference. It's unclear how he will choose to play his hand and make the biggest impact based on his values and convictions. One thing is for certain, though: George Clooney, now expecting twins with Alamuddin, will be soon be experiencing family life on a whole new level. And his 2nd house Taurean sun will love it!

May Horoscopes

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Aries

Venus the planet of love, has returned home after its sojourn through Pisces. This and its square with Saturn may have put relationships under the spotlight, but you can feel more optimistic as you make your way into May, especially with Mercury in your zodiac sign direct from the 3rd. The pace of life will increase furthermore from the 21st. Indeed, the last week fizzles with possibilities.



Cancer

Your goals and ambitions can heighten this month by developing improved relationships with the people you encounter. Fortunately, things can just seem to flow a whole lot better than in April. A long-term project can also get a boost in week one. This maybe something that is particularly imaginative. However, the last ten days of May asks you to tune into your nurturing side.



Taurus

This month can see you very single-minded, but the first week urges you to stay very attuned to the needs of other people too. All this can come up to the boil on the back of the Full Moon of the 10th. If there is a relationship which seems too restrictive, this can be a telling moment. Getting to the roots of any relationship issues will really compel you in the last week.



Leo

The Quarter Moon in your zodiac sign on the 3rd, is asking you to balance your individual interests with the needs of your wider involvements or associations. Actually networking should prove to be a whole lot easier this month than last. Professional goals are also boosted from the 16th, when an on/off plan finally speeds forwards. Future hopes are boosted on the 25th, Leo.



Gemini

A friendship which has got bogged down can rediscover its verve as the month begins, as a time of strains makes way for one of opportunities. However, it will be very important to keep a sense of perspective in week one, when facts can seem stranger than fiction. As the Sun enters your sign on the 21st, it really is all systems go. A new friendship can create a lot of excitement.



Virgo

You can encounter someone this month who is so very different it's almost as if they're from a parallel universe. Rather than feeling threatened by this, you can actually find this really inspirational. However, when it comes to your love life, with Venus in a tense right angle to Pluto from the 22nd to the 29th, even if you're strongly drawn to a person, do listen to your inner voice to guide you.



Libra

With Venus returning to your sector of relationships, and Mercury the planet of communication going direct in the same location on the 3rd, something that seemed broken can be mended. The key to this however is being able to listen to what is said to you, and trust the voice. A complete change of scene may appeal to some Scales on the 21st, but this could create some turbulence.



Capricorn

Your imagination can be so enriched in week one, and all sorts of fabulous possibilities bubble around your mind. However, if you do dream up a great scheme, the Quarter Moon suggests you're going to want to be recompensed for this. There could be comings and goings on the home front in the last week of this month, or you may decide to apply a fresh decorative approach.



Scorpio

If you've been waiting to hear about an appointment which has had several delays or re-schedules, it can now be in the diary and good to go. The Full Moon in your sign on the 10th is also emphasizing your modern ruler of Pluto. This points towards an intense conversation, but one that could clear the air. Try not to be too much of a people-pleaser as this month comes to a close.



Aquarius

You may find yourself playing host this month with a fabulous blend of energies perfect for celebrations and parties. Mind, with Jupiter in an obtuse angle with Neptune all through May, try to be as cautious with resources as possible. The inventive side of your nature does though really flourish from the 21st onwards. Solo? Someone intriguing could soon be entering your orbit.



Sagittarius

A sense of greater optimism can grip you as May begins. It's true that there are practical things to achieve, and you may also still find yourself wanting to get life in general just that much more organised. The last ten days of this month do put a greater emphasis on relationships for you, but with Venus clashing with Pluto from the 22nd to the 29th, try not to take a loved one for granted.



Pisces

Your finances can take a turn for the better as May begins, yet it will be important to not scatter yourself too thinly in the first week, when all sorts of interesting strands can compete for your attention. Communications can become supercharged from the Full Moon of the 10th, and especially around your future hopes. Someone can make a great offer from the 22nd. But is there a catch Pisces?

Emerald is the most popular choice, but there is more gemstone magic associated with this incredible month.

Birthstones of May



Emerald — The association between Emerald and the month of May covers a number of different cultures and continents, including India, ancient Britain, Poland, Russia, and parts of the Arabian world. People who were born in May won't find it cheap to possess a piece of this amazing birthstone, but the benefits can be worthwhile. Emerald is an incredible giver of groundedness and natural healing. It can help heal old psychic wounds and restore a deep sense of calm to the spirit whenever held or worn.



Agate — If you want traditional, Agate is actually a more traditional choice than Emerald. Various cultures (including the ancient Roman, Hindu and Hebrew cultures) designated this special stone as the birthstone for May. With its incredible combination of tones and colours, Agate is an intellectually powerful gemstone that can imbue its wearer or owner with special abilities of thought and expression. This is a particularly good choice for the Gemini who was born later in May.



Chalcedony — This gemstone comes in a variety of colors (see Chrysoprase and Carnelian, below), but when it's referred to as Chalcedony, it typically implies a white or bluish piece of Chalcedony. There are numerous types of quartz within Chalcedony, hence the variation in colour. This is another Hebrew connection to the month of May. A brilliant, dark blue piece of Chalcedony is thought to gift the gift of virtue to its owner or wearer. It's also related to emotional wellbeing and protection against all kinds of psychic heaviness or negativity.



Chrysoprase — This is more of a "modern" gemstone for May, but it does have traditional links to the astrological sign of Gemini. The deep green hue of Chrysoprase is reminiscent of Emerald, and its psychic powers are believed to uplift the wearer, protecting him or her from morose thoughts and depression, while bringing emotional balance to daily life. Although Chrysoprase is a green variety of Chalcedony, it is often mentioned as a May birthstone in its own right.



Carnelian — Yet another type of Chalcedony is Carnelian. Ancient Hebrew lore designates this as a May birthstone. The striking red-orange-yellow color spectrum of this stone gives it a visceral link to intimacy, passion and desire. If you're feeling too "relaxed" in life, and want to spark action — or if you're looking to heighten romance — Carnelian is a good birthstone to look out for. Taureans and Geminis born in the month of May might connect with this gemstone on a deeper level; but its energetic properties are useful to anyone.



Sapphire — Count yourself lucky if you ever come into a possession of a piece of brilliant blue Sapphire. This precious gemstone doesn't come cheap. Specifically useful to the late-May Gemini, its association with May comes from Tibetan lore. Sapphire is a great bringer of wisdom. It has the power to relieve psychological distress, restore a sense of peace and wellbeing, and can help the wearer focus on the task at hand, rather than falling victim to so many modern distractions!

Supercharge

Your Sex Chakra



There are many different dimensions in which human beings connect with a romantic partner; but sexuality is undoubtedly one of the most multi-dimensional. The experience can involve a strong psychic and emotional connection in addition to the physical, and sexuality is also a part of everyday life. It can affect our mood, our interactions with people, and even our alertness or physical strength.

In ancient Vedic way of understanding the mind-body-spirit complex, the chakra system is one of the most well-known teachings. Each chakra controls certain domains of physical and psychic energy in every individual. The sexual energy is expressed by the 2nd chakra, also called the sacral or sex chakra. This is located right around the naval, including the sacrum and genitals.

The Kundalini energy is said to be awakened here. Many people throughout history, including today, have spoken of profound Kundalini awakenings and experiences that confirm the existence of this mysterious creative energy.

When you think about it (or feel it intuitively), the sexual act is a creative act, and the sex chakra is a creative chakra. It is related to many different fluids in the body, including tears, orgasm and menstruation. Think of it as a chakra of change and motion.

This is also an important chakra for connecting with other people and being comfortable around trusted friends. A blocked or closed sacral chakra will affect more areas of life than just sex, and studying the nature of a blocked sacral chakra is a good way to understand the chakra itself.

A blocked second chakra can result in:

- A fantasy-prone nature
- Addiction or excess
- Unhealthy obsessions
- Lack of independence
- Destructive feelings
- Physical problems with sexual organs

What happens when we open the second chakra?

- Better integration between mind and body
- Ability to be more content and productive
- Better connections with other people in general
- Better intimacy with our partners
- A feeling of participation in the sacred creative process of the world
- A healthy sense of independence and co-dependence

There are many techniques for opening the second chakra and clearing blockages, including affirmations, energy healings, psychic healings, and yogic exercises. Blockages can also be removed by life circumstances, without conscious intervention. Talking to close friends, and asking around for a reputable energy healer or talented psychic reader, can be a good second or third step to clearing blockages and bringing your second chakra into full, vibrant health. The first step should always be understanding the chakra for yourself, feeling how it applies to your own life. An open second chakra gives us a fuller, richer experience of life and intimacy. Enjoy and respect this sacred aspect of being alive!



Touch the stars!

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